



# CANADA FIRST ACADEMY FOR SOCCER EXCELLENCE

LONG TERM PLAYER DEVELOPMENT

## Camp Policies and Procedures

CFA welcomes you to our soccer camp. The main priorities are fun, technical development and safety for each and every camper! To prepare for success please see below for a list of items to help get ready for Camps:

### 1. Content:

The participants will be grouped into development stage adequate training groups and will work on technical skill development within their training group. Additionally there will be fun competitions within the training group and inter group competition with all participants. There is always a technical part in the morning and afternoon, group competitions and tournaments every day.

Lunch break 12:00pm - 12:45pm

### 2. Camp time:

Full Day: 9:00am - 4:00pm

Morning 9.00am - 12:00pm

Afternoon: 1pm - 4:00pm

### 3. Early Drop-Off and Late Pick up

March Break Camp: 7:30am - 8:45am | Late Pickup: 4:15pm - 5:45pm

Early Care and Late Pickup costs \$5 each/day and will be arranged in cooperation with Monarch Park Stadium. Please register your children directly with Monarch Park Stadium front desk on the first day of the camp and pay the fee directly to Monarch Park Stadium. Our camp staff will pick the early care participants up and return the late pick up participants to Monarch Park staff after CFA program end.

Summer Camps: 8:30am - 9am | Late Pickup: 4:00pm - 5:00pm

Early Care and Late Pickup costs \$5 each/day and will be arranged by CFA. Please register and pay at check in.

### 4. CHECK IN/CHECK OUT

Drop off and pick up takes place at the CFA registration desk designated group drop-off/pick-up location - outlined in the clubhouse or at the sports field in the summer. CHECK IN with the camp front desk and CHECK OUT with the camp front desk at pickup. CHECK OUT by parent/guardian/caregiver or other authorized individual(s).

## **5. WHAT TO BRING**

- a. Camp T-shirt (provided by CFA March Break and Summer Camps on the first day)
- b. Soccer shoes, indoor ideally artificial turf shoes, shorts
- c. Lunch
- d. 2 Healthy Snacks (No nut products of any kind)
- e. Water bottle (no one way plastic bottles or glass bottles please)
- f. Sunscreen & Hat in the summer
- g. Weather appropriate clothing: track suit or training jacket, rain jacket (outdoor), spare shirt

## **6. WHAT NOT TO BRING**

- a. Any electronics devices including but not limited to: Gameboys, portable gaming devices, mp3s, iPods, iPads, tablets, or laptops.
- b. Any valuable items, and/or games that may be lost at camp (we do not assume responsibility for lost or stolen items).
- c. Peanuts, tree nuts, or any products that contain traces of either

## **7. INCLEMENT WEATHER POLICY**

Summer Camps are held outdoors. In case of inclement weather, such as thunder, lightning, torrential rain or extreme heat campers will move to near by cover like the Woodbine pool building. Should the extreme weather persist for several hours the camp will be cancelled for the day and parents will have to pick up their children.

## **8. T-SHIRTS**

March Break and Summer Camps will provide each camper with a camp T-shirt on the first day of the week.

## **9. FOOD & CAMPER ALLERGIES**

- a. All camps are action packed! Please provide adequate lunch and snack to keep campers' energy high throughout the long day of sports, activities.  
Reminder each camper should have 2 healthy snacks and 1 lunch.
- b. Please confirm any food allergies your camper(s) may have.
- c. Please notify us if there are any special circumstances we should know about prior to camp.

## **10. EXCURSIONS (Team Camps only)**

The excursions are provided to keep kids engaged and provide additional team building opportunities throughout the week. For all other excursion details including location, day, time, travel information, etc. please see the website. Excursions do not occur for all camps. Excursion schedule is provided directly to parents through website and emails for specific camps.