



CANADA FIRST ACADEMY FOR SOCCER EXCELLENCE

LONG TERM PLAYER DEVELOPMENT

CFA Code of Conducts and Ethics

CFA adheres to the Canada Soccer and Ontario Soccer Code of Conduct and Ethics. In addition to the above, the following Code of Conducts for players, parents and coaches applies.

Player's Code of Conduct:

- Must be punctual to all practices (**15 min before**) and games (**45 minutes before**)
- CFA players are **not** to participate on any non-CFA soccer programs without the express consent of CFA Technical Director
- CFA players are **not** to participate in activities that interfere with CFA Team Program's schedule
- Must wear CFA outfits at all training sessions and games
- Must show discipline on and off the field
- Must show consistent attendance at practices and games, attendance status needs to be punctually and reliably maintained in team management tool
- Show loyalty to CFA and its members
- Must follow proper nutrition and place full effort into home fitness and technical work
- Be polite, respectful and courteous to CFA members, opponents and officials
- Take all CFA players serious independent of age and gender
- Be a leader and role model for younger kids, learn from older kids
- Embrace mixed age and gender CFA philosophy
- Abide from bad behaviour, bad language or bullying

- Players are supposed to contribute their best effort to team performance
- Show respect towards CFA equipment, help during set up and take down
- Show self organization and responsibility for individual development

Parents code of conduct:

- Parents should ensure that players arrive at least **15 minutes** prior to practice start and **45 minutes** prior to game start
- Inform the coaches of injuries or illness
- Maintain attendance to training sessions and matches at least a week in advance, in case of absence give short reason (in Team Management Online Tool)
- Must respect the coaches and their decisions and should show respect to officials and opponents. Coaches will not discuss game related issues, only player development
- Parents are not to coach the players or give advice to players during academy activities
- Give positive reinforcement and resolve conflicts by using the proper communication channels (coach, technical director)
- Show loyalty to CFA and its members
- Encourage players to exercise regularly at home and watch soccer online or on TV
- Try not to give extensive feedback to players right after practice or match
- Try not to put the player under pressure, foster their self development

Coaches code of conduct:

- Prepare and deliver training sessions that are development stage appropriate, organised, high quality and fun.
- Follow CFA and CSA Coaching Guidelines for long term player development
- Provide a safe and encouraging, positive learning environment
- Priorities player development and team overall performance over winning, without neglecting a winning mentality
- Ensure regular (**every 6 months**) player profile updates and give feedback to player and parents
- Be role model and ensure correct behaviour towards players, parents, officials and opponents

- Promote fair play
- Promote healthy life style and player self responsibility
- Arrive at least **20 minutes** before practice and 45 minutes before matches
- Always wear CFA gear at all CFA events
- Scout players suitable for the academy, promote CFA
- Inform CFA about all non CFA soccer activities, ensure no regular scheduling conflicts